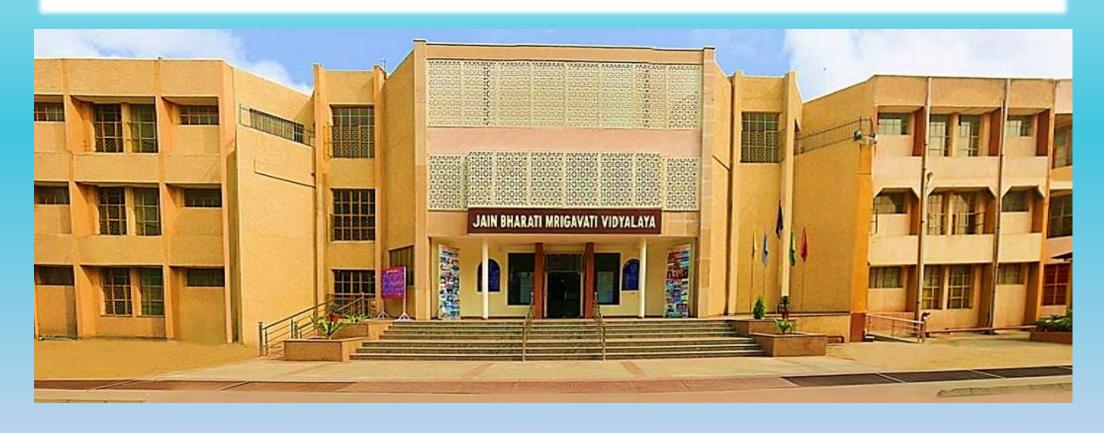
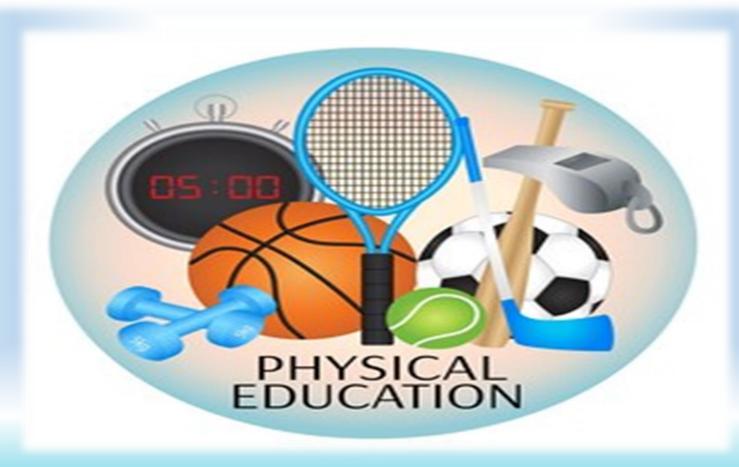


JAIN BHARATI MRIGAVATI VIDYALAYA



PHYSICAL EDUCATION DEPARTMENT





VISION

Use of critical thinking, technology and practical application. We strive to develop a community of fit, skilled and knowledgeable students who value an active lifestyle. Embody the spirit of pure sportsmanship practice positive character traits and pursue activity throughout life.

MISSION

Physical Education curriculum is a sequential program of age appropriate units and lessons. Each activity is designed to prepare, through participation, all students to know and understand the life-long benefit of health enhancing activities.

PURPOSE

Overall development of the child (physical, mental, emotional, social) through the physical activities.

GOALS

- Develop an Active Healthy Lifestyle
- Acquire Good Health and Fitness
- Positive Values and Attitudes
- Promote moral behaviours (cooperation)
- Develop motor skills (competency)
- Body Coordination

ACTION PLAN

- Organize seminars, webinars for the students with different authors, experts and principal.
- Organize Alumni sessions to boost the confidence of students and motivate them.
- Career counselling presentation for physical education students.
- Talk different topic on future prospects of physical education field.
- Provide e- content material for the enrichment of the subject.